

Your Unique Self: The Radical Path to Personal Enlightenment

Marc Gafni



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Underlying the vision behind democracy is the recognition that every individual has dignity, adequacy and worth. This democratic understanding of the worth and standing of the individual lies at the core of what the West calls enlightenment. The Western idea of enlightenment, rooted in the great vision of the Biblical prophets, is generally understood to have entered mainstream consciousness through the political democratic movements of the mid 18th century. Western enlightenment is primarily concerned with the democratization of political power. Classical enlightenment, sometimes called Eastern enlightenment because it was greatly emphasized in the East, is about the individual merging into the greater one. The appearance of separate self is an illusion, which must be overcome as the individual realizes that one is really not separate at all but part of the one. The goal of Eastern enlightenment is moving beyond the grasping ego and desperately seeking separate self by attaining a state of consciousness in which the illusion of separateness was dissolved in the greater one. This path of classical enlightenment is seen as the path beyond suffering. Unique Self enlightenment brings the Eastern and Western understandings about enlightenment together, into a higher Integral World Spirituality embrace. Unique Self enlightenment is based on your commitment to transcend separate self into the one, even as you realize that that essence sees through your unique perspective. Unique Self opens the door to the potential democratization of enlightenment. To awaken to your Unique Self is to be lived as God, which, in truth, means to be lived as love.

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