



# **How To Raise Emotionally Healthy Children: Meeting The Five Critical Needs of Children...And Parents Too! Updated Edition**

*Gerald Newmark*

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How To Raise Emotionally Healthy Children is a wake-up call to America that we are abandoning our children emotionally. Failure to support our children's emotional health at home and in schools is jeopardizing their future and that of our nation. The book has a compelling and provocative message about parent-child relations. It provides powerful and practical concepts and tools that enable parents, teachers, and childcare providers to interact with children and with each other in emotionally healthy ways. In the process, children learn to interact with each other in the same way. How to Raise Emotionally Healthy Children, shows parents and teachers how to nourish emotional health at home and at school. Failure to meet these emotional needs of our children is one of the most serious and under-recognized problems facing our country. The book enables parents to recognize and satisfy the five critical emotional needs that all children have: to feel respected, important, accepted, included, and secure, and in the process, parents will have their own needs satisfied too. Babies, toddlers, children, teenagers, parents and grandparents all have these same emotional needs. Meeting these needs in childhood provides the foundation for success in school, work, relationships, marriage and life in general.

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