



Betty Crocker Vegetarian Cooking (Betty Crocker Cooking)

Betty Crocker

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Vegetarian cooking isn't just for vegetarians anymore! Today, more and more families incorporate vegetarian meals and products into their everyday cooking. This updated third edition works for everyone - carnivore, flexitarian or dedicated vegetarian - with easy, family-pleasing recipes.

- Updated third edition with information on how to fit vegetarianism into a busy lifestyle, how to feed vegetarian kids, and vegetarian myth busters
- Includes 180 meatless recipes for healthier eating with broad all-family appeal
- Complete nutritional analysis for every recipe
- Vegan recipes identified with an icon
- 60 beautiful full color photos throughout

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Margaret Gentile:

Betty Crocker Vegetarian Cooking (Betty Crocker Cooking) can be one of your beginning books that are good idea. Many of us recommend that straight away because this reserve has good vocabulary that could increase your knowledge in words, easy to understand, bit entertaining however delivering the information. The author giving his/her effort to set every word into pleasure arrangement in writing Betty Crocker Vegetarian Cooking (Betty Crocker Cooking) nevertheless doesn't forget the main stage, giving the reader the hottest along with based confirm resource information that maybe you can be considered one of it. This great information could drawn you into completely new stage of crucial thinking.

Michael Hale:

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