



The Road Less Traveled and Beyond: Spiritual Growth in an Age of Anxiety

M. Scott Peck

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The culmination of a lifetime of Dr. M. Scott Peck's counseling, lecturing, and writing, and the conclusion of the classic bestselling Road trilogy, *The Road Less Traveled and Beyond* leads us to a deeper awareness of how to live rich, fulfilling lives in a world fraught with stress and anxiety.

With the rare combination of profound psychological insight and deep spirituality that has already spoken to millions of readers, Dr. Peck talks about decision making and the choices we make every day in business and at home, and the ethical choices that may affect the very survival of humankind. We learn the difference between good and evil, to overcome narcissism, to love and be loved, to live with paradox, to accept the consequences of our actions all through life, and to come to terms with dying and death.

Dr. Peck is a guide on the adventure that is life, learning, and spiritual growth—life's greatest adventure. Building in depth from the very first chapter to its lyrical and poetic conclusion, *The Road Less Traveled and Beyond* is an adventure in itself.

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