



Theory U: Leading from the Future as It Emerges

C. Otto Scharmer

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In this ground-breaking book, C. Otto Scharmer invites us to see the world in new ways.

What we pay attention to, and how we pay attention is the key to what we create. What often prevents us from 'being present,' is what Scharmer calls our blind spot, the inner place from which each of us operates. Becoming aware of our blind spot is critical to bringing forth the profound systemic changes so needed in business and society today.

First introduced in Presence, the U methodology of leading profound change is expanded and deepened in Theory U. By moving through the ""U"" process we learn to connect to our essential Self in the realm of 'presencing' - a term coined by Scharmer. When 'presencing' we are able to see our own blind spot and pay attention in a way that allows us to experience the opening of our minds, our hearts, and our wills. Through this process we are able to shift our awareness to allow us to connect with our best future possibility--and to realize it.

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