



Sins of the Spirit, Blessings of the Flesh, Revised Edition: Transforming Evil in Soul and Society

Matthew Fox

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Visionary theologian and award-winning author Matthew Fox challenges traditional perceptions of good and evil by offering a new theology that lays the groundwork for a more enlightened treatment of ourselves, one another, and all of nature. In a revised edition with a luminous foreword by Deepak Chopra and a new preface that brings the book up to date with the cataclysmic events of the new millennium, this book illustrates how, contrary to mainstream church doctrine, flesh is the grounding of spirit, and our culture has concentrated far too much on transgressions of the flesh while failing to take into account the sins of the spirit. Artfully weaving together the wisdom of East and West, Fox considers Thomas Aquinas's definition of sin as "misdirected love" and discusses the parallels between the Eastern teachings of the seven chakras and the Western teachings of the seven capital sins. He invites us to change the way we think about sin and places our capacity for evil in the fuller context of the natural beauty of our physical world, the complex texture of our emotional lives, and the splendid depths of our spiritual center.

Fox explains how the chakras teach us to direct the love-energies we all possess and proposes seven positive precepts for living a full and spirited life. He asserts that we can combat and transform evil through love, generosity, letting go, and creativity. Crafting a blueprint for social change, *Sins of the Spirit, Blessings of the Flesh* points the way toward a deeper and more compassionate way to live while eloquently revealing the means to confront evil both within and without.

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