



The Nutribullet Recipe Book (Nutribullet Recipe Book Series) (Volume 1)

Cooking With A Foodie

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This is not your regular wimpy recipe book. We crammed hundreds of smoothie recipes, juice recipes, easy soup recipes, spice blends, and even homemade skin and body cream recipes into one easy book.

The Nutribullet Recipe Book supplies over 350 professional quality recipes for use at home (indoor or on the go). This is not a nutribullet manual for beginners. Instead, this is a comprehensive recipe Bible that will help you get the most out of your nutribullet. (Use these recipes in any of the following Nutribullet models - magic bullet, nutribullet rx, nutribullet pro, nutribullet 900 series, nutribullet 600, etc)

Access to organic recipes has never been easier. With the Nutribullet natural healing foods are only minutes away from improving the quality of your physical and mental health.

We set out to find the most beneficial recipes to your health and compile them into one easy recipe book. Use this quick & easy guide to start making the most out of all the nutrients that organic all natural foods have to offer in the form of delicious smoothies, juices, nut milks, spices, homemade creams and butters and much more.

Start drinking wholesome all-natural smoothies 1-2 times a day and feel amazing & full of energy. Your body will naturally start shedding extra weight on its own, while your skin glows and appears radiant.

The Nutribullet Recipe Book will help you:

- turn an ordinary smoothie into a "superfood smoothie"
- make fresh-squeezed juices that don't suck
- achieve "push-button" weight loss
- speed up your body and mind with a daily energy boost
- slow down your body's natural aging process to look and feel younger than ever
- make nutritious and filling meals with nothing but a few ingredients and your Nutribullet

We even included the most popular recipes people search for:

- strawberry banana smoothie
- kale smoothie
- avocado smoothie
- jamba juice
- aloe vera juice

- pomegranate juice
- homemade ice cream recipes
- homemade cosmetics (natural cosmetics)
- homemade lotion for natural skin care (like shea butter)
- homemade spices

IN THIS NUTRIBULLET BOOK, YOU WILL FIND:

100 Smoothie recipes (including organic green smoothie recipes)

- 20 superfood smoothies
- 20 high-protein smoothies
- 20 weight-loss smoothies
- 10 anti aging smoothies
- 10 detox smoothies
- 10 energy smoothies
- 10 high calorie smoothies

100 Juice recipes (juicing recipes that actually taste great)

- vegetable juice recipes
- green juice recipes
- detox juice recipes
- juicing recipes for weight loss
- juicing for weight loss

25 Nut milk recipes

- almond milk recipe
- cashew milk recipe
- pistachio milk

10 Organic nut butter recipes

- cashew butter
- pistachio butter
- almond butter

25 Easy soup recipes

- chicken soup recipes
- potato soup recipes
- lentil soup recipes
- vegetarian soup recipes
- miso soup recipes

25 Fresh spices and herbs

- indian spices
- taco seasoning
- lemon pepper rub

25 Flavored coffee & tea blends

- coffee recipes
- tea recipes
- french vanilla
- cinnamon coffee

- coconut water iced coffee

20 Milkshake recipes

- cake batter milkshake
- frozen caramel hot chocolate
- kit kat milkshake
- nutella milkshake

25 Homemade skincare recipes

- body butter recipes
- lemon cream body butter
- baby skin cream

But this book isn't just about nutribullet recipes. You will also learn: 1. A comparison of the top blenders (nutribullet vs ninja, nutribullet vs magic bullet, etc)

2. How to clean nutribullet cups and machine

3. Great tricks to enhance all beverages you make

4. Juicing vs blending

5. Tips & techniques: saving 10+ hours a week preparing smoothies

6. Superfood guide

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From reader reviews:

Lynne Silva:

Why don't make it to be your habit? Right now, try to prepare your time to do the important action, like looking for your favorite guide and reading a reserve. Beside you can solve your short lived problem; you can add your knowledge by the reserve entitled The Nutribullet Recipe Book (Nutribullet Recipe Book Series) (Volume 1). Try to the actual book The Nutribullet Recipe Book (Nutribullet Recipe Book Series) (Volume 1) as your friend. It means that it can to become your friend when you sense alone and beside associated with course make you smarter than previously. Yeah, it is very fortunated to suit your needs. The book makes you a lot more confidence because you can know every thing by the book. So , we should make new experience and also knowledge with this book.

Billy Smith:

Do you considered one of people who can't read pleasant if the sentence chained within the straightway, hold on guys that aren't like that. This The Nutribullet Recipe Book (Nutribullet Recipe Book Series) (Volume 1) book is readable by simply you who hate the perfect word style. You will find the information here are arrange for enjoyable reading experience without leaving actually decrease the knowledge that want to deliver to you. The writer of The Nutribullet Recipe Book (Nutribullet Recipe Book Series) (Volume 1) content conveys prospect easily to understand by many individuals. The printed and e-book are not different in the articles but it just different as it. So , do you still thinking The Nutribullet Recipe Book (Nutribullet Recipe Book Series) (Volume 1) is not loveable to be your top list reading book?

Phillip Chadwick:

In this period globalization it is important to someone to acquire information. The information will make professionals understand the condition of the world. The health of the world makes the information easier to share. You can find a lot of references to get information example: internet, classifieds, book, and soon. You can view that now, a lot of publisher that print many kinds of book. The particular book that recommended for you is The Nutribullet Recipe Book (Nutribullet Recipe Book Series) (Volume 1) this book consist a lot of the information with the condition of this world now. This kind of book was represented how do the world has grown up. The vocabulary styles that writer make usage of to explain it is easy to understand. The writer made some study when he makes this book. Honestly, that is why this book acceptable all of you.

Robert Poulin:

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your book? Or just looking for the The Nutribullet Recipe Book (Nutribullet Recipe Book Series) (Volume 1) when you desired it?

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