



# How to Feel a Real Golf Swing: Mind-Body Techniques from Two of Golf's Greatest Teachers

*Bob Toski, Davis Love Jr., Robert Carney*

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After teaching hundreds of thousands of golfers in the Golf Digest Instructional Schools they helped to organize, Bob Toski and Davis Love, Jr. perfected a revolutionary way of bringing instinct back to the golf swing. In easy-to follow drills and exercises, **How To Feel a Real Golf Swing** shows golfers of all abilities how to isolate the different parts of the swing. Each step is designed so that the golfer internalizes the feeling of each part of the swing and can finally put it all together for better results.

**How To Feel a Real Golf Swing** is the perfect way for golfers to learn on their own time and at their own pace to develop a solid and dependable golf swing: the basis of any good golf game.

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