



**Vegan Gluten-free Family Cookbook: Delicious  
Vegan Gluten-free Breakfast, Lunch and Dinner  
Recipes you Can Make in Minutes! (FREE  
BONUS: 20 Superfood Smoothies ... (Quick and  
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*Vesela Tabakova*

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# **Vegan Gluten-free Family Cookbook: Delicious Vegan Gluten-free Breakfast, Lunch and Dinner Recipes you Can Make in Minutes! (FREE BONUS: 20 Superfood Smoothies ... (Quick and Easy Gluten-free Recipes Book 3)**

*Vesela Tabakova*

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**Top 80+ No-Stress Gluten-free Vegan Dinners - Spend More Time Enjoying Your Meal And Less Time Cleaning Up!**

Following a vegan gluten-free diet is extremely challenging and often very expensive. Gluten-free foods are hard to find, do not always taste very good and many people who have to avoid gluten feel overwhelmed and depressed by the fact that they have to follow this diet.

**Vegan Gluten-free Family Cookbook** contains 80+ delicious everyday recipes full of superfood vegetables and legumes that are simple and easy to prepare whether you need a quick weeknight supper or a delicious weekend dinner. They are guaranteed to provide maximum energy and keep you strong, active, and naturally healthy.

**\*\*\*FREE BONUS RECIPES at the end of the book - 20 Amazing Vegan, Gluten-Free, Superfood Smoothies for Better Health and Natural Weight Loss\*\*\***

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