



# Night Shift: Real Life In The Heart Of The Er

*Brian Goldman*

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## **Night Shift: Real Life In The Heart Of The Er** Brian Goldman

Dr. Brian Goldman is both an emergency room physician at Mount Sinai and a prominent medical journalist. Never one to shy away from controversy, Goldman specializes in kicking open the doors to the medical establishment, revealing what really goes on behind the scenes -- and in the minds of doctors and nurses.

In *The Night Shift*, Goldman shares his experiences in the witching hours at Mount Sinai Hospital in downtown Toronto. We meet the kinds of patients who walk into an ER after midnight: late-night revellers injured on their way home after last call, teens assaulted in the streets by other teens and a woman who punches another woman out of jealousy over a man. But Goldman also reveals the emotional, heartbreaking side of everyday ER visits: adult children forced to make life and death decisions about critically ill parents, victims of sexual assault, and mentally ill and homeless patients looking for understanding and a quick fix in the twenty-four-hour waiting room. Written with Goldman's trademark honesty and with surprising humour, *The Night Shift* is also a frank look at many issues facing the medical profession today, and offers a highly compelling inside view into an often shrouded world.

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