



Treatment of Depression in Children & Adolescents

Connie Callahan Ph.D. LPCC LMFT

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Depression in Children & Adolescents provides clinicians with challenges due to the various facets of the course depression runs and the different manifestations it takes with youth. This book examines incidence rates, diagnostic and statistical categories, best practice guidelines, and practical treatment interventions for depressive disorders relating to children and adolescents. It is designed to offer specific interventions and practical worksheets that can be used in a variety of clinical settings in a hands-on manner, and will provide presenting symptoms of depression in youth and interventions to help reduce or eliminate these symptoms.

There are interventions for different ages and most symptoms of depression in young people. This is the book that will have a profound difference in the lives of children, adolescents, and their parents.

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