



Sacred Sexuality: A Manual for Living Bliss

Michael Mirdad

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Sacred Sexuality: A Manual for Living Bliss Imagine how it feels to have the love essence of every particle in the universe dancing with delight to re-join the love essences within your being. This is true desire, a vibration felt in and through all things and experienced as a unifying force. The practice of sacred sexuality is a celebration of true desire; it deepens your connection to the Spirit of love and awakens your body to become as passionate and alive as God originally intended. This book deals with everything imaginable about sex...expanding one's consciousness through sexuality...and combining the practical benefits of both Tantric and Taoist perspectives and practices. I recommend Sacred Sexuality to my own students and readers. -Master Mantak Chia, author Taoist Secrets of Love ...an excellent overview of the tantric sexual practices...the first book in 20 years that I could whole-heartedly recommend. It should be on every tantric bookshelf. -David A. Ramsdale, author Sexual Energy Ecstasy About Michael Mirdad Dr. Michael Mirdad, a Master Teacher/Author, has an extensive background in Psychology, Parapsychology & Metaphysics. He has worked as a Healer and Counselor to individuals & couples for over 20 years. Michael has also conducted thousands of classes, lectures & workshops throughout the world on Mastery, Spirituality, Relationships, and Healing. Dr. Mirdad is respected as one of the finest and most diverse spiritual teachers and healers of our time.

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