

# The Great Lover Playbook: 365 Sexual Tips and Techniques to Keep the Fires Burning All Year Long

Lou Paget

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From the author of three international bestsellers comes a sexual playbook for both men and women that goes a scintillating step further. If her other books were about seduction, The Great Lover Playbook is about keeping the sizzle alive in a relationship 365 days a year, whether you've been together four weeks or forty years. With one tip or technique for each day of the year, Lou provides refreshing perspectives on a variety of subjects, including:

- \* Uncovering the link between healthy relationships and a healthy sex life
- \* Building and maintaining an attitude towards sex that's open and curious and committed to passion--
- \* Revealing what men and women really want on a day to day basis to keep the sexual energy alive
- \* Lou's most popular techniques for hot foreplay, and pleasing your partner in various positions
- \* A section devoted to exploring and fulfilling your sexual fantasies, role playing, and how to use all sorts of tovs
- \* Frequently asked questions, facts, and information to help you explore your individual sexuality

With step-by-step instructional drawings to enhance the techniques, and Lou's signature style that combines frankness with a keen sense of humor, The Great Lover Playbook will inspire you to sustain the passion in your relationships, and keep that sense of seduction alive for the long term.



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