



Do I Have to Give Up Me to Be Loved by You: Second Edition

Jordan Paul Ph.D., Margaret Paul Ph.D.

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Do I Have to Give Up Me to Be Loved by You: Second Edition Jordan Paul Ph.D., Margaret Paul Ph.D. Newly updated by the authors, here is the classic text for couples interested in creating freer, more joyful, and profoundly intimate relationships. In their best-selling book about couple relationships, Jordan Paul and Margaret Paul explore the delicate balance of being true to oneself and being loved by another.

While couples think they are fighting about money, sex, or time, the authors reveal how such conflicts are almost always more deeply rooted and related to issues of self-protection. Offering a solid framework for conflict resolution, the authors guide couples in working through fears and false beliefs that can block the expression of loving feelings. Stories of couples and examples of dialogue validate readers- feelings and experiences.

Key features and benefits a proven best-seller highly recommended by marriage therapists includes exercises for couples to explore core beliefs and values

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