



**Femininity, Self-harm and Eating Disorders in
Japan: Navigating contradiction in narrative and
visual culture (Nissan Institute/Routledge Japanese
Studies)**

Gitte Marianne Hansen

Download now

[Click here](#) if your download doesn't start automatically

Femininity, Self-harm and Eating Disorders in Japan: Navigating contradiction in narrative and visual culture (Nissan Institute/Routledge Japanese Studies)

Gitte Marianne Hansen

Femininity, Self-harm and Eating Disorders in Japan: Navigating contradiction in narrative and visual culture (Nissan Institute/Routledge Japanese Studies) Gitte Marianne Hansen

From the 1980s onwards, the incidence of eating disorders and self-harm has increased among Japanese women, who report receiving mixed messages about how to be women. Mirroring this, women's self-directed violence has increasingly been thematised in diverse Japanese narrative and visual culture.

This book examines the relationship between normative femininity and women's self-directed violence in contemporary Japanese culture. To theoretically define the complexities that constitute normativity, the book develops the concept of 'contradictive femininity' and shows how in Japanese culture, women's paradoxical roles are thematised through three character construction techniques, broadly derived from the doppelgänger motif. It then demonstrates how eating disorders and self-harm are included in normative femininity and suggests that such self-directed violence can be interpreted as coping strategies to overcome feelings of fragmentation related to contradictive femininity. Looking at novels, artwork, manga, anime, TV dramas and news stories, the book analyses both globally well known Japanese culture such as Murakami Haruki's literary works and Miyazaki Hayao's animation, as well as culture unavailable to non-Japanese readers. The aim of juxtaposing such diverse narrative and visual culture is to map common storylines and thematisation techniques about normative femininity, self-harm and eating disorders. Furthermore, it shows how women's private struggles with their own bodies have become public discourse available for consumption as entertainment and lifestyle products.

Highly interdisciplinary, it will be of huge interest to students and scholars of Japanese studies, Japanese culture and society and gender and women's studies, as well as to academics and consumers of Japanese literature, manga and animation.

 [Download Femininity, Self-harm and Eating Disorders in Japa ...pdf](#)

 [Read Online Femininity, Self-harm and Eating Disorders in Ja ...pdf](#)

Download and Read Free Online Femininity, Self-harm and Eating Disorders in Japan: Navigating contradiction in narrative and visual culture (Nissan Institute/Routledge Japanese Studies) Gitte Marianne Hansen

From reader reviews:

Agnes Higa:

A lot of people always spent their particular free time to vacation or even go to the outside with them loved ones or their friend. Are you aware? Many a lot of people spent these people free time just watching TV, or maybe playing video games all day long. If you need to try to find a new activity this is look different you can read a new book. It is really fun for you personally. If you enjoy the book that you just read you can spent all day every day to reading a book. The book *Femininity, Self-harm and Eating Disorders in Japan: Navigating contradiction in narrative and visual culture* (Nissan Institute/Routledge Japanese Studies) it is rather good to read. There are a lot of those who recommended this book. These folks were enjoying reading this book. In case you did not have enough space to bring this book you can buy typically the e-book. You can m0ore simply to read this book from a smart phone. The price is not to cover but this book possesses high quality.

Ellis Dunn:

Femininity, Self-harm and Eating Disorders in Japan: Navigating contradiction in narrative and visual culture (Nissan Institute/Routledge Japanese Studies) can be one of your beginning books that are good idea. We recommend that straight away because this reserve has good vocabulary that could increase your knowledge in terminology, easy to understand, bit entertaining but delivering the information. The article author giving his/her effort to get every word into satisfaction arrangement in writing *Femininity, Self-harm and Eating Disorders in Japan: Navigating contradiction in narrative and visual culture* (Nissan Institute/Routledge Japanese Studies) yet doesn't forget the main stage, giving the reader the hottest and also based confirm resource information that maybe you can be considered one of it. This great information could drawn you into fresh stage of crucial contemplating.

Patricia Miller:

Beside this kind of *Femininity, Self-harm and Eating Disorders in Japan: Navigating contradiction in narrative and visual culture* (Nissan Institute/Routledge Japanese Studies) in your phone, it can give you a way to get nearer to the new knowledge or facts. The information and the knowledge you might got here is fresh from the oven so don't be worry if you feel like an previous people live in narrow village. It is good thing to have *Femininity, Self-harm and Eating Disorders in Japan: Navigating contradiction in narrative and visual culture* (Nissan Institute/Routledge Japanese Studies) because this book offers for your requirements readable information. Do you sometimes have book but you would not get what it's exactly about. Oh come on, that will not end up to happen if you have this within your hand. The Enjoyable blend here cannot be questionable, similar to treasuring beautiful island. Use you still want to miss that? Find this book along with read it from currently!

Albert Hartley:

That e-book can make you to feel relax. This particular book *Femininity, Self-harm and Eating Disorders in Japan: Navigating contradiction in narrative and visual culture* (Nissan Institute/Routledge Japanese Studies) was multi-colored and of course has pictures on there. As we know that book *Femininity, Self-harm and Eating Disorders in Japan: Navigating contradiction in narrative and visual culture* (Nissan Institute/Routledge Japanese Studies) has many kinds or style. Start from kids until teenagers. For example *Naruto* or *Private investigator Conan* you can read and believe that you are the character on there. So , not at all of book are usually make you bored, any it offers up you feel happy, fun and relax. Try to choose the best book for you personally and try to like reading this.

Download and Read Online *Femininity, Self-harm and Eating Disorders in Japan: Navigating contradiction in narrative and visual culture* (Nissan Institute/Routledge Japanese Studies) Gitte Marianne Hansen #8C1P0A6D5GJ

Read Femininity, Self-harm and Eating Disorders in Japan: Navigating contradiction in narrative and visual culture (Nissan Institute/Routledge Japanese Studies) by Gitte Marianne Hansen for online ebook

Femininity, Self-harm and Eating Disorders in Japan: Navigating contradiction in narrative and visual culture (Nissan Institute/Routledge Japanese Studies) by Gitte Marianne Hansen Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Femininity, Self-harm and Eating Disorders in Japan: Navigating contradiction in narrative and visual culture (Nissan Institute/Routledge Japanese Studies) by Gitte Marianne Hansen books to read online.

Online Femininity, Self-harm and Eating Disorders in Japan: Navigating contradiction in narrative and visual culture (Nissan Institute/Routledge Japanese Studies) by Gitte Marianne Hansen ebook PDF download

Femininity, Self-harm and Eating Disorders in Japan: Navigating contradiction in narrative and visual culture (Nissan Institute/Routledge Japanese Studies) by Gitte Marianne Hansen Doc

Femininity, Self-harm and Eating Disorders in Japan: Navigating contradiction in narrative and visual culture (Nissan Institute/Routledge Japanese Studies) by Gitte Marianne Hansen Mobipocket

Femininity, Self-harm and Eating Disorders in Japan: Navigating contradiction in narrative and visual culture (Nissan Institute/Routledge Japanese Studies) by Gitte Marianne Hansen EPub