



Teeth Are Not for Biting (Board Book) (Best Behavior Series)

Elizabeth Verdick

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“Crunch crunch crunch. Teeth are strong and sharp. Crunch crunch crunch. Teeth can help you chew. But teeth are not for biting. Ouch! Biting hurts.” Sooner or later, almost all young children will bite someone—a friend, a parent, a sibling. This upbeat, colorful, virtually indestructible book helps prevent biting and teaches positive alternatives.

The companion to our best-selling *Hands Are Not for Hitting* Board Book, *Teeth Are Not for Biting* gives reasons why children might want to bite. Little mouths feel sore when new teeth come in; sometimes kids bite when they’re hungry, tired, cranky, frustrated, angry, bored, distressed, or seeking attention. Author Elizabeth Verdick suggests positive things children can do instead of biting: chew a chewy toy, drink a cold drink, get a hug, tell a grown-up. This book also includes helpful tips for parents and caregivers.

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