



# Abnormal Psychology

*Susan Nolen-Hoeksema*

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## **Abnormal Psychology** Susan Nolen-Hoeksema

ABNORMAL PSYCHOLOGY 2e, by award-winning teacher, and noted researcher Susan Nolen-Hoeksema, is a text for a new generation. **Science, Compassion, and Teachability** are the organizing themes for this ground breaking text. Dr. Nolen-Hoeksema combines cutting-edge research with her award winning teaching style and presents Abnormal Psychology in a compassionate framework. This is the first text that successfully presents research in a way that is both teachable and gives a voice to those struggling with mental illness. Several new features have been added to the second edition around the themes of **Science, Compassion, and Teachability**.

**Science** The second edition of ABNORMAL PSYCHOLOGY continues to give students a solid grounding in the classic research of abnormal psychology. New to the edition are features that highlight fascinating new scientific research or theories that hold promise of revolutionizing theory and treatment in the field and that discuss scientific controversies in abnormal psychology in a balanced way. Important discussions on the impact of culture and gender on mental disorders are woven into each chapter. Dr. Nolen-Hoeksema's style of presenting scientific findings is engaging to students and brings the science to life in a way that no other research-based text does.

**Compassion** The second edition of ABNORMAL PSYCHOLOGY highlights the personal accounts of people struggling with mental illness to give students a greater understanding of the suffering that these individuals experience. The concerns of students who have suffered mental disorders themselves are also addressed directly in this edition.

**Teachability** The second edition continues to present difficult material with the clarity that aids student learning and includes NEW student friendly pedagogy such as Concept Review Tables to help students organize and visualize difficult concepts.

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